# EPHESIANS 6:10-24

# THE ARMOUR OF GOD

# **EPHESIANS 6:10-20**

10 Finally, be strong in the Lord and in the strength of his might. 11 Put on the whole armour of God, that you may be able to stand against the schemes of the devil. 12 For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. 13 Therefore take up the whole armour of God, that you may be able to withstand in the evil day, and having done all, to stand firm. 14 Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, 15 and, as shoes for your feet, having put on the readiness given by the gospel of peace. 16 In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; 17 and take the helmet of salvation, and the sword of the Spirit, which is the word of God, 18 praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints, 19 and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, 20 for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.

THE SPIRITUAL BLESSINGS IN CHRIST THANKSGIVING AND PRAYER BY GRACE THROUGH FAITH ONE IN CHRIST THE MYSTERY OF THE GOSPEL REVEALED PRAYER OF SPIRITUAL STRENGTH UNITY IN THE BODY OF CHRIST THE NEW LIFE IN CHRIST WALKING IN LOVE INSTRUCTIONS FOR WIVES AND HUSBANDS CHILDREN AND PARENTS, BONDSERVANTS AND SLAVES AND FINALLY THE Armour OF GOD

Be strong in the Lord and in the strength of His might.

Verse 10

#### DO NOT DEPEND ON SELF HELP

#### 2 CORINTHIANS 12:9-11

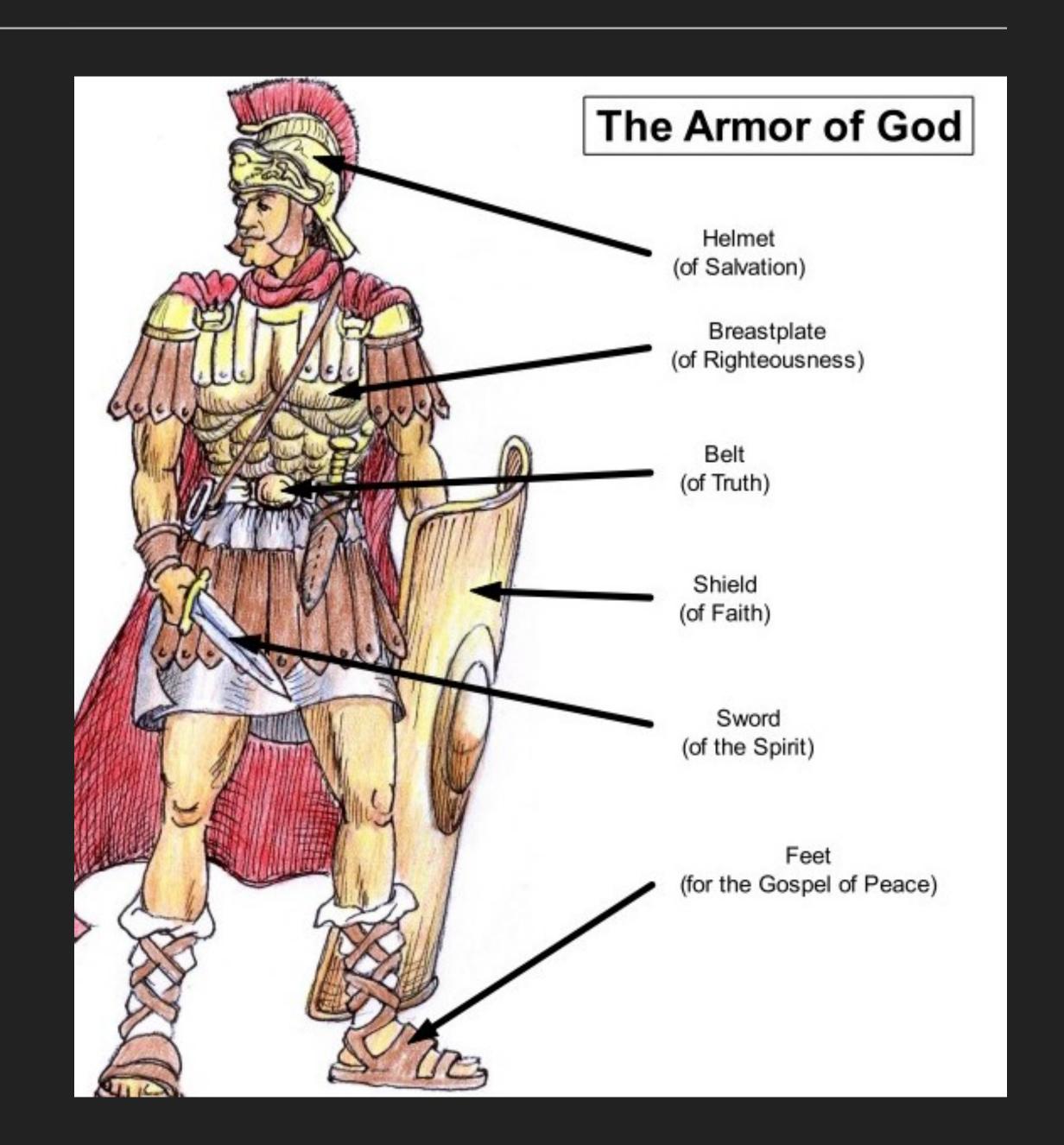
"9 AND HE HAS SAID TO ME, "MY GRACE IS SUFFICIENT FOR YOU, FOR POWER IS PERFECTED IN WEAKNESS." MOST GLADLY, THEREFORE, I WILL RATHER BOAST IN MY WEAKNESSES, SO THAT THE POWER OF CHRIST MAY DWELL IN ME. 10 THEREFORE I AM WELL CONTENT WITH WEAKNESSES, WITH INSULTS, WITH DISTRESSES, WITH PERSECUTIONS AND HARDSHIPS, FOR THE SAKE OF CHRIST, FOR WHEN I AM WEAK, THEN I AM STRONG."

2 CORINTHIANS 13:8
"8 FOR WE CAN DO NOTHING AGAINST THE TRUTH, BUT ONLY FOR THE TRUTH. 9 FOR WE REJOICE WHEN WE OURSELVES ARE WEAK BUT YOU ARE STRONG."

#### THE ARMOUR OF GOD

Who is the battle against - Identify the enemy

Make no mistake about it. This is the battle ground. This is who we fight against. "12 For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places



#### THE BELT OF TRUTH

THE BELT OF TRUTH IS A BELT OF DISCERNMENT AND OF INTEGRITY. WHEN YOU WALK IN TRUTH, BELIEVE TRUTH, PROMOTE THE TRUTH, SPEAK THE TRUTH, YOU WILL BE WALKING AS CHRIST INSTRUCTED BELIEVERS AND WILL BE READY FOR THE BATTLE.

THE PHYSICAL BELT IN THOSE DAYS WOULD HAVE BEEN USED TO HOLD YOUR TUNIC. TO MAKE SURE THAT IN BATTLE THAT THE TUNIC WOULD BE HELD TOGETHER NOT LOSE AND BAGGY AND IN THE WAY WITH POSSIBLE LOOSE ENDS. SO WE SEE HERE THE BELT OF TRUTH HOLDING US FIRMLY TOGETHER IN THE TRUTH .

5 THEY ARE FROM THE WORLD; THEREFORE THEY SPEAK FROM THE WORLD, AND THE WORLD LISTENS TO THEM. 6 WE ARE FROM GOD. WHOEVER KNOWS GOD LISTENS TO US; WHOEVER IS NOT FROM GOD DOES NOT LISTEN TO US. BY THIS WE KNOW THE SPIRIT OF TRUTH AND THE SPIRIT OF ERROR".

#### THE BREASTPLATE OF RIGHTEOUSNESS

THE BREASTPLATE IN THIS TIME PERIOD WORN BY THE ROMANS WOULD HAVE BEEN A TOUGH SLEEVELESS PIECE OF LEATHER THAT WOULD FULLY COVER YOUR TORSO. SOMETIMES THERE WOULD BE ANIMAL HORNS OR HOOF PIECES SEWN INTO THE BREASTPLATE. THE BREASTPLATE PROTECTS THE SOLDIERS VITAL ORGANS.

OUR SPIRITUAL VITAL ORGANS ARE RIGHTEOUSNESS, HOLINESS AND PURITY. WE MUST LIVE IN FAITHFUL OBEDIENCE AND COMMUNION WITH JESUS.

#### PHILIPPIANS 3:7-12 ESV

"BUT WHATEVER GAIN I HAD, I COUNTED AS LOSS FOR THE SAKE OF CHRIST. INDEED, I COUNT EVERYTHING AS LOSS BECAUSE OF THE SURPASSING WORTH OF KNOWING CHRIST JESUS MY LORD. FOR HIS SAKE I HAVE SUFFERED THE LOSS OF ALL THINGS AND COUNT THEM AS RUBBISH, IN ORDER THAT I MAY GAIN CHRIST AND BE FOUND IN HIM, NOT HAVING A RIGHTEOUSNESS OF MY OWN THAT COMES FROM THE LAW, BUT THAT WHICH COMES THROUGH FAITH IN CHRIST, THE RIGHTEOUSNESS FROM GOD THAT DEPENDS ON FAITH— THAT I MAY KNOW HIM AND THE POWER OF HIS RESURRECTION, AND MAY SHARE HIS SUFFERINGS, BECOMING LIKE HIM IN HIS DEATH, THAT BY ANY MEANS POSSIBLE I MAY ATTAIN THE RESURRECTION FROM THE DEAD. NOT THAT I HAVE ALREADY OBTAINED THIS OR AM ALREADY PERFECT, BUT I PRESS ON TO MAKE IT MY OWN, BECAUSE CHRIST JESUS HAS MADE ME HIS OWN."

### THE SHOES OF THE GOSPEL OF PEACE

ROMAN SOLDIERS WOULD USE NAILS AS SPIKES IN THEIR SHOES TO GIVE THEM GRIP DURING THE BATTLE, A FIRM FOOTING.

AS CHRISTIANS OUR FIRM FOOTING IS FOUND IN THE GOSPEL.

#### YOU HAVE SECURE FOOTING IN THE LORD JESUS CHRIST

#### ROMANS 5: 6-10

6 FOR WHILE WE WERE STILL WEAK, AT THE RIGHT TIME CHRIST DIED FOR THE UNGODLY. 7 FOR ONE WILL SCARCELY DIE FOR A RIGHTEOUS PERSON—THOUGH PERHAPS FOR A GOOD PERSON ONE WOULD DARE EVEN TO DIE—8 BUT GOD SHOWS HIS LOVE FOR US IN THAT WHILE WE WERE STILL SINNERS, CHRIST DIED FOR US. 9 SINCE, THEREFORE, WE HAVE NOW BEEN JUSTIFIED BY HIS BLOOD, MUCH MORE SHALL WE BE SAVED BY HIM FROM THE WRATH OF GOD. 10 FOR IF WHILE WE WERE ENEMIES WE WERE RECONCILED TO GOD BY THE DEATH OF HIS SON, MUCH MORE, NOW THAT WE ARE RECONCILED, SHALL WE BE SAVED BY HIS LIFE. 11 MORE THAN THAT, WE ALSO REJOICE IN GOD THROUGH OUR LORD JESUS CHRIST, THROUGH WHOM WE HAVE NOW RECEIVED RECONCILIATION.

COLOSSIANS 3:3 3 FOR YOU HAVE DIED, AND YOUR LIFE IS HIDDEN WITH CHRIST IN GOD.

#### **COLOSSIANS 3:15.16**

15 AND LET THE PEACE OF CHRIST RULE IN YOUR HEARTS, TO WHICH INDEED YOU WERE CALLED IN ONE BODY. AND BE THANKFUL. 16 LET THE WORD OF CHRIST DWELL IN YOU RICHLY, TEACHING AND ADMONISHING ONE ANOTHER IN ALL WISDOM, SINGING PSALMS AND HYMNS AND SPIRITUAL SONGS, WITH THANKFULNESS IN YOUR HEARTS TO GOD.

#### GAIN KNOWLEDGE IN GOD SECURE YOUR FOOTING

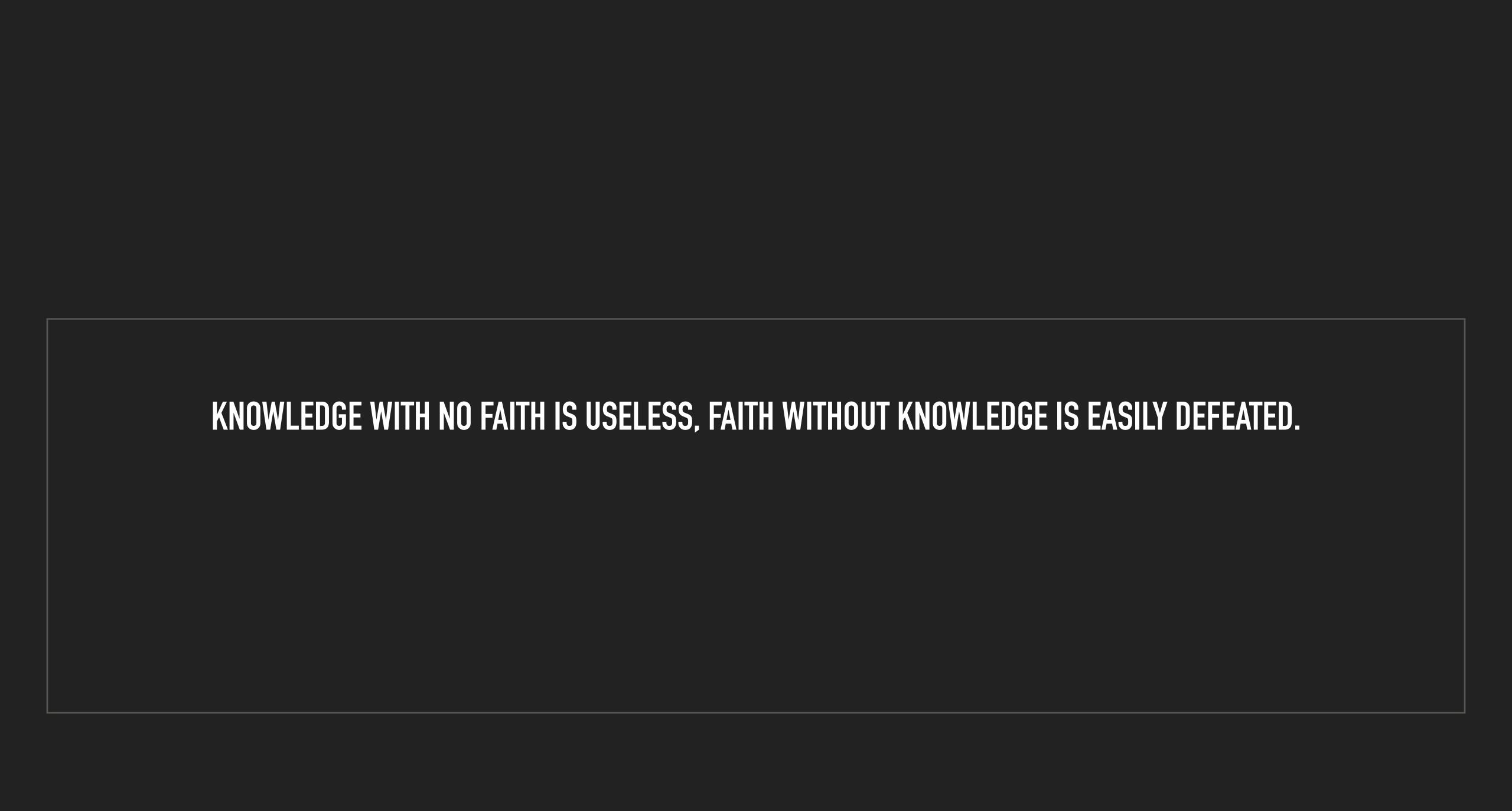
# SATAN WANTS TO SHAKE THE FOUNDATION OF YOUR BIBLICAL UNDERSTANDING BY ATTACKING THE TRUSTWORTHINESS OF THE WORD

THE GOSPEL IS 100% TRUTH AND FULLY DEFENDABLE, BUT YOUR FAITH IS YOUR RESPONSIBILITY.
YOU MUST NOT BE SATISFIED WITH MILK.

# THE SHIELD OF FAITH

IN ALL CIRCUMSTANCES TAKE UP THE SHIELD OF FAITH,
WITH WHICH YOU CAN EXTINGUISH ALL THE FLAMING DARTS
OF THE EVIL ONE





11 NOW FAITH IS THE ASSURANCE OF THINGS HOPED FOR, THE CONVICTION OF THINGS NOT SEEN. 2 FOR BY IT THE PEOPLE OF OLD RECEIVED THEIR COMMENDATION. 3 BY FAITH WE UNDERSTAND THAT THE UNIVERSE WAS CREATED BY THE WORD OF GOD, SO THAT WHAT IS SEEN WAS NOT MADE OUT OF THINGS THAT ARE VISIBLE

19 FOR WHAT CAN BE KNOWN ABOUT GOD IS PLAIN TO THEM, BECAUSE GOD HAS SHOWN IT TO THEM. 20 FOR HIS INVISIBLE ATTRIBUTES, NAMELY, HIS ETERNAL POWER AND DIVINE NATURE, HAVE BEEN CLEARLY PERCEIVED, EVER SINCE THE CREATION OF THE WORLD, IN THE THINGS THAT HAVE BEEN MADE. SO THEY ARE WITHOUT EXCUSE.

FOR I AM NOT ASHAMED OF THE GOSPEL, FOR IT IS THE POWER OF GOD FOR SALVATION TO EVERYONE WHO BELIEVES...17 FOR IN IT THE RIGHTEOUSNESS OF GOD IS REVEALED FROM FAITH FOR FAITH, AS IT IS WRITTEN, "THE RIGHTEOUS SHALL LIVE BY FAITH.

# THE HELMET OF SALVATION

THE HELMET OF SALVATION REPRESENTS THE BELIEVERS ASSURANCE OF SALVATION

THE HELMET GIVES YOU CONFIDENCE IN THE FINISHED WORK OF CHRIST IN YOU.



31 WHAT THEN SHALL WE SAY TO THESE THINGS? IF GOD IS FOR US, WHO CAN BE AGAINST US? 32 HE WHO DID NOT SPARE HIS OWN SON BUT GAVE HIM UP FOR US ALL, HOW WILL HE NOT ALSO WITH HIM GRACIOUSLY GIVE US ALL THINGS? 33 WHO SHALL BRING ANY CHARGE AGAINST GOD'S ELECT? IT IS GOD WHO JUSTIFIES. 34 WHO IS TO CONDEMN? CHRIST JESUS IS THE ONE WHO DIED—MORE THAN THAT, WHO WAS RAISED—WHO IS AT THE RIGHT HAND OF GOD, WHO INDEED IS INTERCEDING FOR US. 35 WHO SHALL SEPARATE US FROM THE LOVE OF CHRIST? SHALL TRIBULATION, OR DISTRESS, OR PERSECUTION, OR FAMINE, OR NAKEDNESS, OR DANGER, OR SWORD? 36 AS IT IS WRITTEN, "FOR YOUR SAKE WE ARE BEING KILLED ALL THE DAY LONG; WE ARE REGARDED AS SHEEP TO BE SLAUGHTERED."

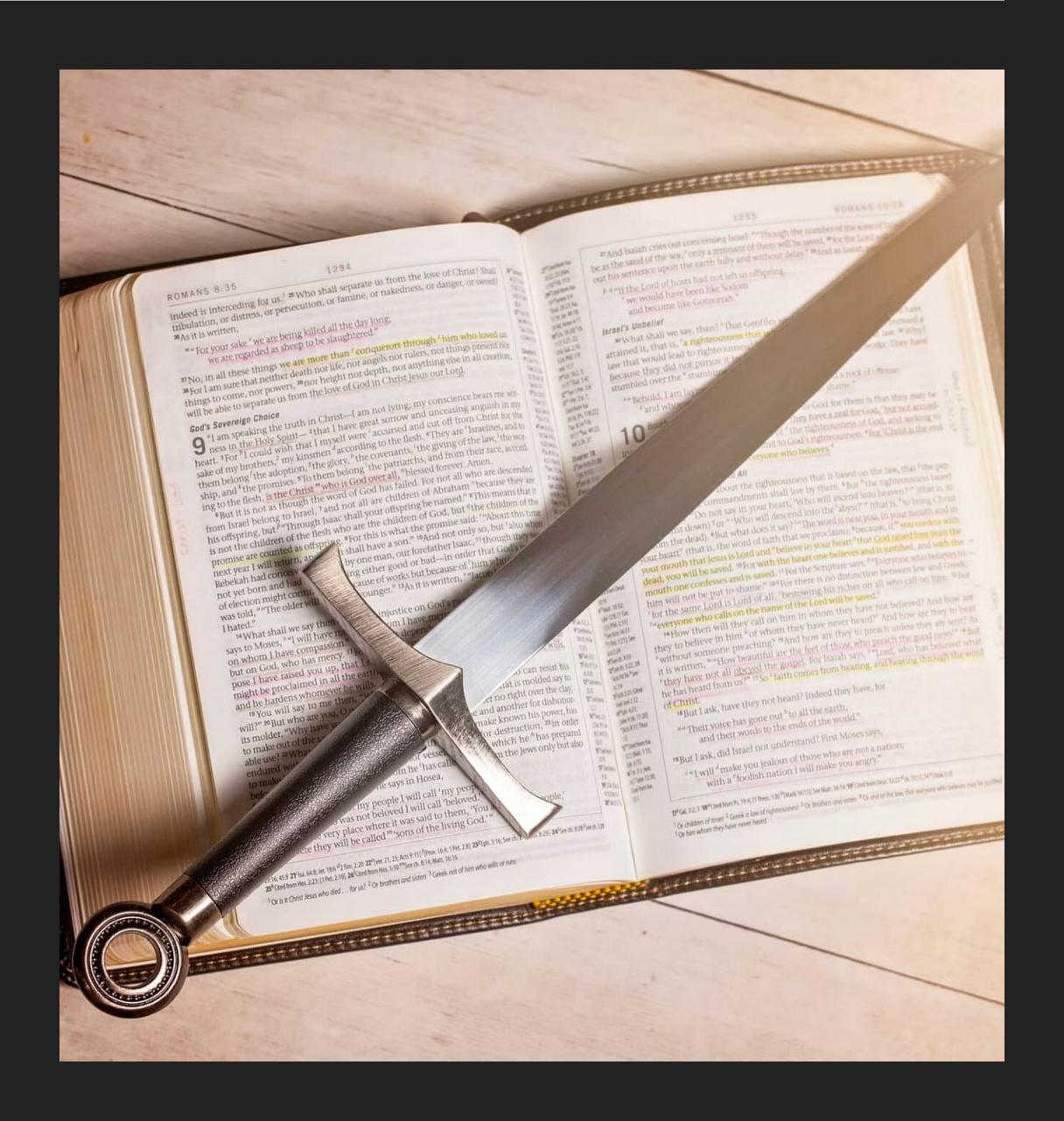
37 NO, IN ALL THESE THINGS WE ARE MORE THAN CONQUERORS THROUGH HIM WHO LOVED US. 38 FOR I AM SURE THAT NEITHER DEATH NOR LIFE, NOR ANGELS NOR RULERS, NOR THINGS PRESENT NOR THINGS TO COME, NOR POWERS, 39 NOR HEIGHT NOR DEPTH, NOR ANYTHING ELSE IN ALL CREATION, WILL BE ABLE TO SEPARATE US FROM THE LOVE OF GOD IN CHRIST JESUS OUR LORD.

"18 "HEAR THEN THE PARABLE OF THE SOWER: 19 WHEN ANYONE HEARS THE WORD OF THE KINGDOM AND DOES NOT UNDERSTAND IT, THE EVIL ONE COMES AND SNATCHES AWAY WHAT HAS BEEN SOWN IN HIS HEART. THIS IS WHAT WAS SOWN ALONG THE PATH. 20 AS FOR WHAT WAS SOWN ON ROCKY GROUND, THIS IS THE ONE WHO HEARS THE WORD AND IMMEDIATELY RECEIVES IT WITH JOY, 21 YET HE HAS NO ROOT IN HIMSELF, BUT ENDURES FOR A WHILE, AND WHEN TRIBULATION OR PERSECUTION ARISES ON ACCOUNT OF THE WORD, IMMEDIATELY HE FALLS AWAY.22 AS FOR WHAT WAS SOWN AMONG THORNS, THIS IS THE ONE WHO HEARS THE WORD, BUT THE CARES OF THE WORLD AND THE DECEITFULNESS OF RICHES CHOKE THE WORD, AND IT PROVES UNFRUITFUL. 23 AS FOR WHAT WAS SOWN ON GOOD SOIL, THIS IS THE ONE WHO HEARS THE WORD AND UNDERSTANDS IT. HE INDEED BEARS FRUIT AND YIELDS, IN ONE CASE A HUNDREDFOLD, IN ANOTHER SIXTY, AND IN ANOTHER THIRTY."

# THE SWORD OF THE SPIRIT

A SWORD IS DEFENSIVE AND AN OFFENSIVE PIECE TO THE SOLDIER'S COMPLEMENT OF GEAR. SO TOO IS THE SWORD OF THE SPIRIT.

THE WORD OF GOD



#### 2 CORINTHIANS 10:3-5

3 FOR THOUGH WE WALK IN THE FLESH, WE ARE NOT WAGING WAR ACCORDING TO THE FLESH. 4 FOR THE WEAPONS OF OUR WARFARE ARE NOT OF THE FLESH BUT HAVE DIVINE POWER TO DESTROY STRONGHOLDS. 5 WE DESTROY ARGUMENTS AND EVERY LOFTY OPINION RAISED AGAINST THE KNOWLEDGE OF GOD, AND TAKE EVERY THOUGHT CAPTIVE TO OBEY CHRIST,

**HEBREWS 4: 12** 

12 FOR THE WORD OF GOD IS LIVING AND ACTIVE, SHARPER THAN ANY TWO-EDGED SWORD, PIERCING TO THE DIVISION OF SOUL AND OF SPIRIT, OF JOINTS AND OF MARROW, AND DISCERNING THE THOUGHTS AND INTENTIONS OF THE HEART.

# HOW DID JESUS DEFEND THE TRUTH

#### **MATTHEW 19:4**

"HE ANSWERED, "HAVE YOU NOT READ THAT HE WHO CREATED THEM FROM THE BEGINNING MADE THEM MALE AND FEMALE"

**MATTHEW 22:31** 

"AND AS FOR THE RESURRECTION OF THE DEAD, HAVE YOU NOT READ WHAT WAS SAID TO YOU BY GOD:"

MARK 12:26

"AND AS FOR THE DEAD BEING RAISED, HAVE YOU NOT READ IN THE BOOK OF MOSES,"

#### HOW TO WIELD YOUR WEAPON

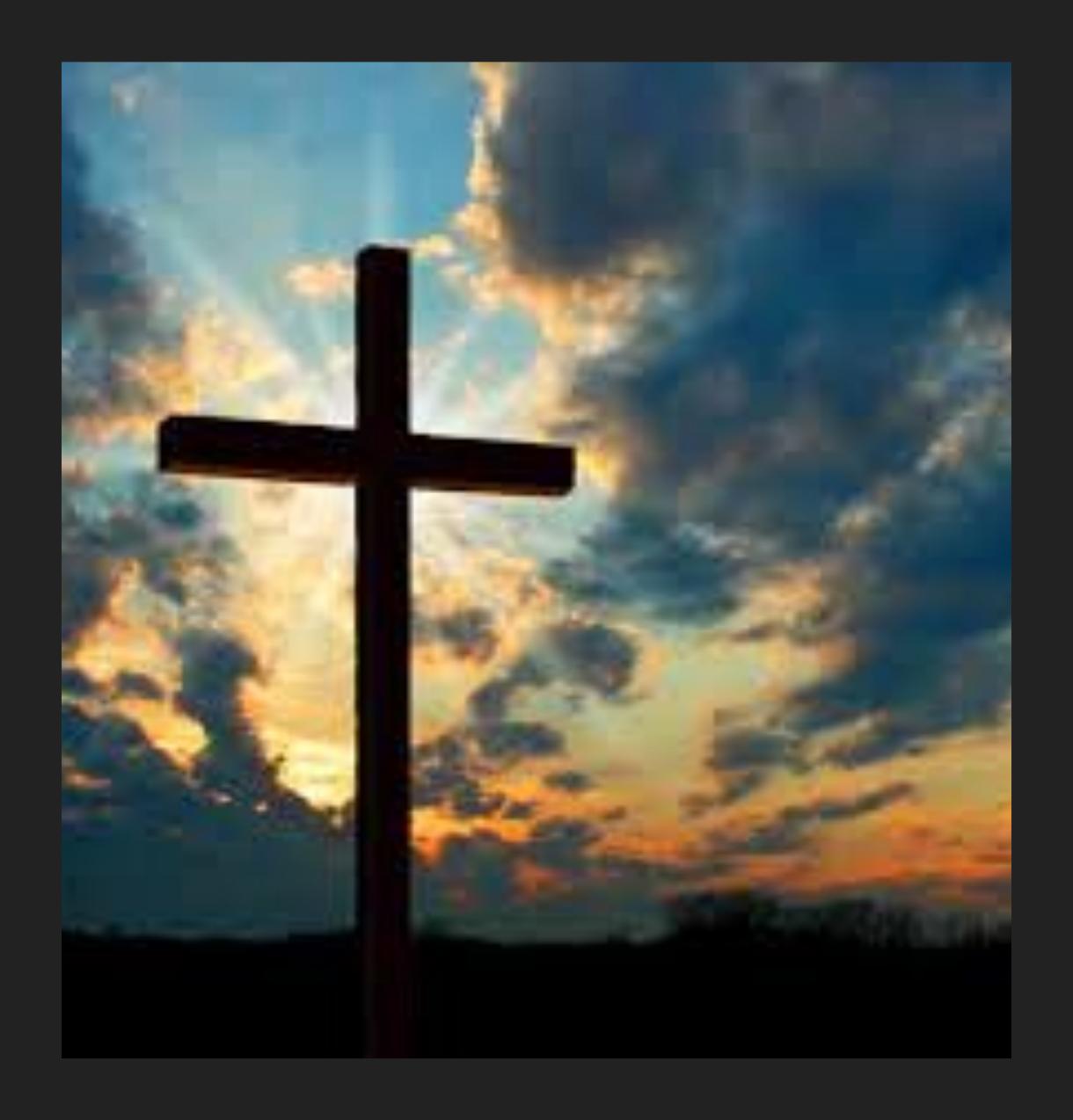
#### **EPHESIANS 6: 18,20**

REMEMBER WHEN USING "THE SWORD OF THE SPIRIT, WHICH IS THE WORD OF GOD, 18 PRAYING AT ALL TIMES IN THE SPIRIT, WITH ALL PRAYER AND SUPPLICATION.....19 AND ALSO FOR ME, THAT WORDS MAY BE GIVEN TO ME IN OPENING MY MOUTH BOLDLY TO PROCLAIM THE MYSTERY OF THE GOSPEL, 20 THAT I MAY DECLARE IT BOLDLY, AS I OUGHT TO SPEAK.

## THE MYSTERY OF THE GOSPEL

COLOSSIANS 2:2-3 GIVES US THE ANSWER

"THAT THEIR HEARTS MAY BE ENCOURAGED, BEING KNIT TOGETHER IN LOVE, TO REACH ALL THE RICHES OF FULL ASSURANCE OF UNDERSTANDING AND THE KNOWLEDGE OF GOD'S MYSTERY, WHICH IS CHRIST, 3 IN WHOM ARE HIDDEN ALL THE TREASURES OF WISDOM AND KNOWLEDGE."



#### **EPHESIANS 6: 23–24**

23 PEACE BE TO THE BROTHERS, AND LOVE WITH FAITH, FROM GOD THE FATHER AND THE LORD JESUS CHRIST. 24 GRACE BE WITH ALL WHO LOVE OUR LORD JESUS CHRIST WITH LOVE INCORRUPTIBLE.